



COVID-19 Pandemic Response Ottawa City Council Update

Dr. Vera Etches, Medical Officer of Health
Sept 9, 2020

COVID-19 in Ottawa - Status is "Orange"

- Individuals with COVID-19 increased mid-July to early Aug
- Numbers stabilized but higher rates in those under 40
- New cases have not returned to single digits of June
- Hospitalizations steady: 12 currently in hospital
- Outbreaks are increasing
- OPH is meeting targets for follow-up
- Testing volumes are steady, slight increase in % testing positive
 - Still under 1% on average

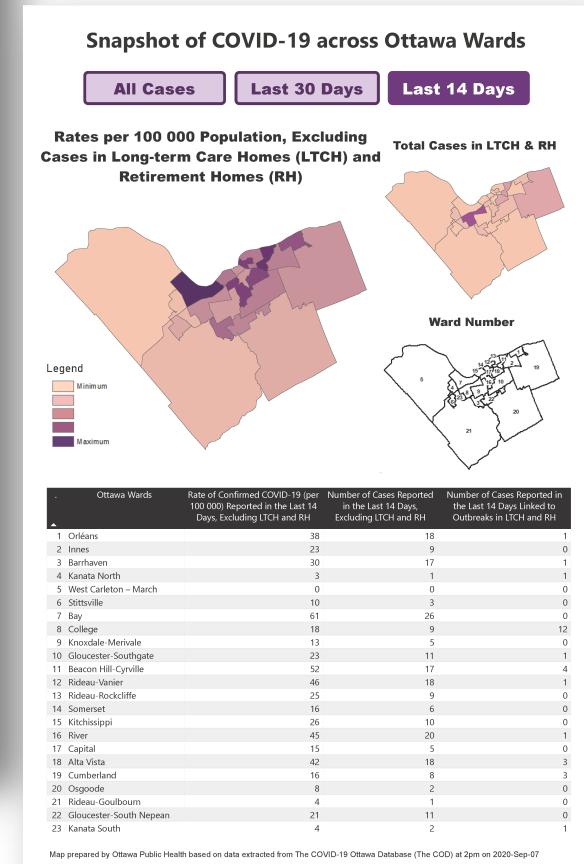
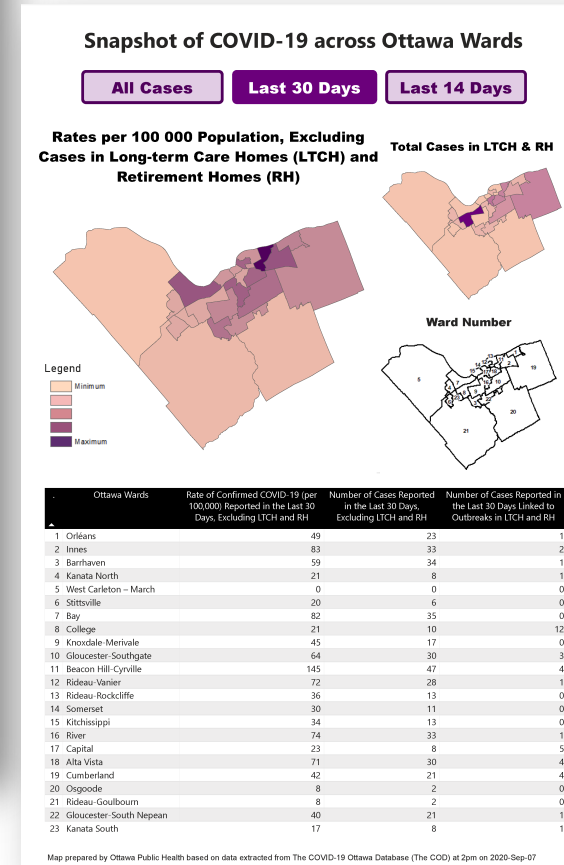
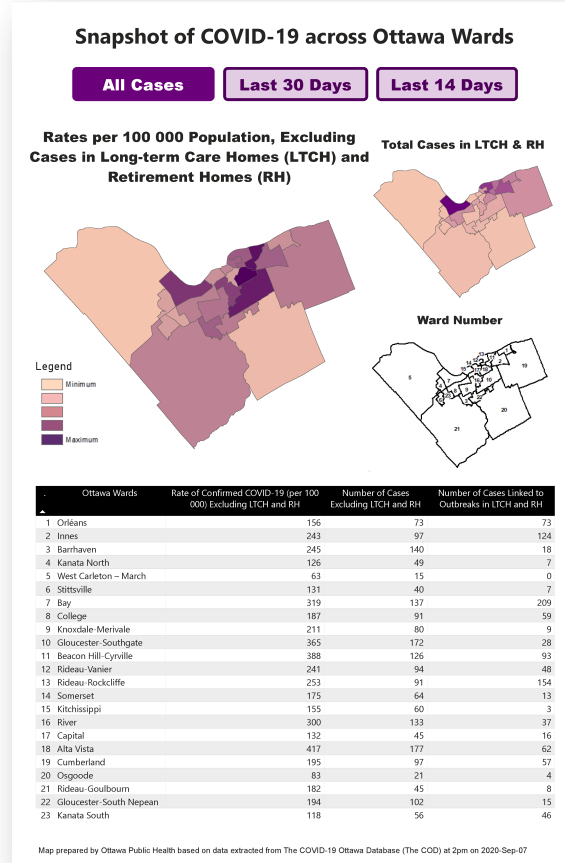


LTCH/RH Outbreaks

- Usually picked up with staff testing positive
 - 1/3 of staff (August) did not develop symptoms or developed symptoms after surveillance testing
- Community Exposures – Staff or Residents (RHs)
- Reduced risk of transmission and shortened outbreak duration
- OPH Prevention Strategy & Outbreak Management
- Key Partnerships – Champlain COVID-19 Response Committee and Ministry of Long-Term Care

New Interactive Maps

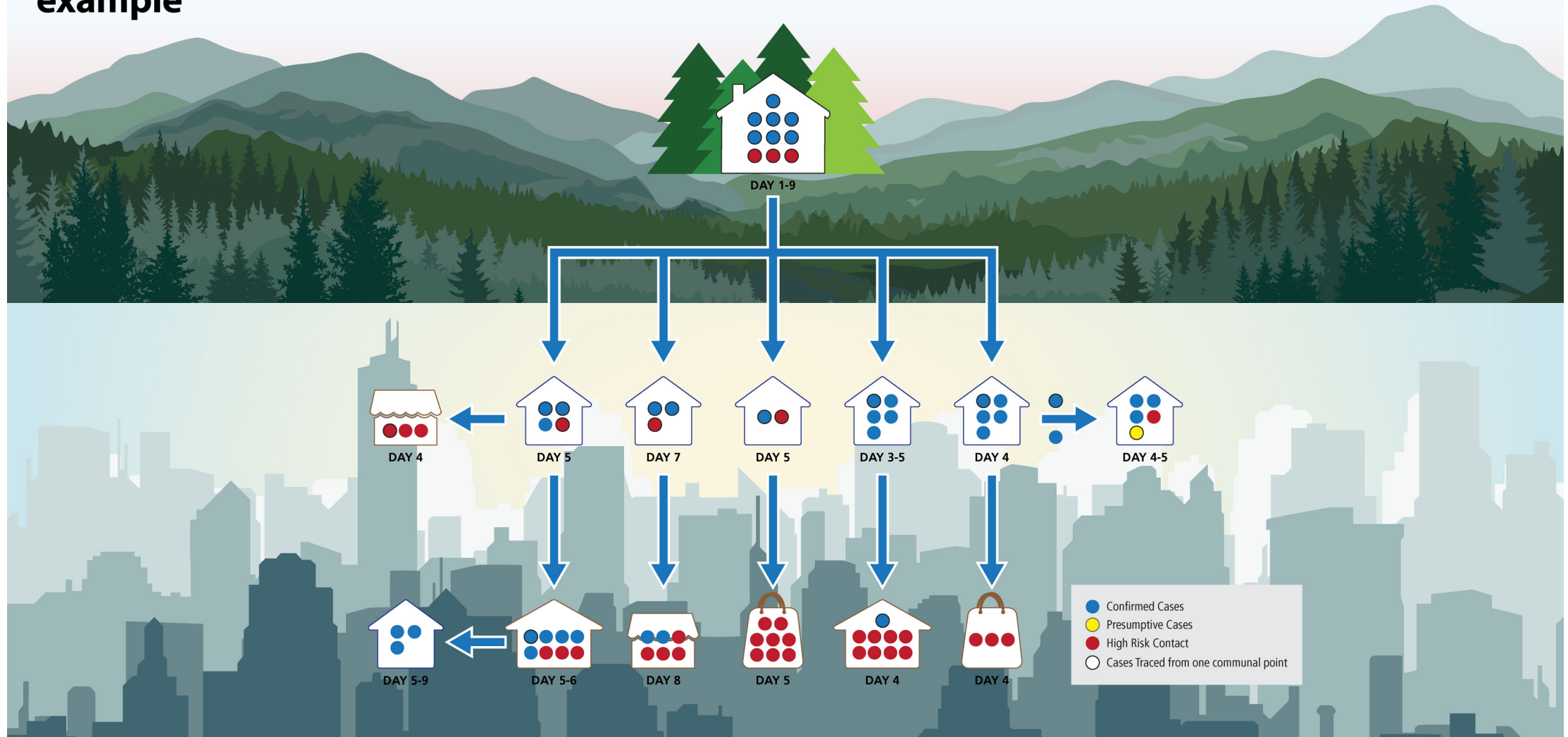
- Interactive Format
- Added Filter Buttons
 - All Cases
 - Last 30 Days*
 - Last 14 Days*
- Added counts for cases not linked to outbreaks in LTCH & RH.
- Partnering with the ONS to release neighbourhood-level data



*Based on when the data was pulled from the COD and the case reported date.

Community Transmission

A real world Contact Tracing example



Schools – Six Pillars

- Preparation and Prevention of COVID-19 in Schools
- School Population Level Surveillance
- Managing Outbreaks and Spread of Disease
- Strategy for Testing School Population, including teachers
- Mental Health Supports
- Evaluation, Learning and Adjustment



Ottawa is Unique



- Largest Ontario City to move into Stages 2 and 3
- Bordering Quebec: Many live, work and socialize both in Ottawa and in Outaouais
 - Our shared populations are made even larger, resulting in complex COVID-19 workplace and social investigations
 - Strong ties to Outaouais Public Health

Learning From the First COVID-19 Peak

- Widespread and timely local public health measures prevented an estimated 220,000 cases and 4,400 deaths
- Adopted new public health measures and health system initiatives that mitigate the risk of shutdown
 - Expansion of testing, IPAC measures in congregate settings, being COVID-WISE
- Scenario Planning with the City

OPH - Prioritizing Its Work

- 71% of OPH employees have been deployed to support COVID-19 response
- Variable service levels for core work
 - ie communicable disease, safe food and water, emergency dental, sexual health, and harm reduction
- Most employees are being trained/prepared for resurgence
- Promotion of wellness

It's in Your Hands!

Be COVID Wise

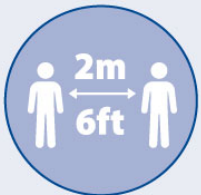
OttawaPublicHealth.ca/COVIDWise



Wear a mask



Isolate yourself when you're sick



Stay two metres (six feet) apart from others



Exercise proper hand hygiene

- Everyone's actions have helped reach goal so far
- Socializing and household spread are key risks for resurgence
- Adapting to schools reopening
- Let's keep caring for one another